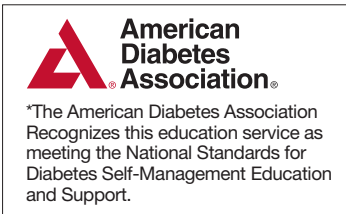




DIABETES EDUCATION SERVICES

UnityPoint Health Endocrinology,
Diabetes and Metabolism



HOURS AND LOCATION

Monday-Friday 8:00 a.m. - 4:30 p.m.

**UnityPoint Health Endocrinology,
Diabetes and Metabolism**
900 Main Street Suite 470
Peoria, IL 61602
Phone: 309-672-4565
Fax: 309-672-4543



Welcome to the **Diabetes Education Services** offered at UnityPointHealth Endocrinology, Diabetes and Metabolism. We are certified diabetes educators who look forward to helping you manage your diabetes so you can live your best life.



We know people learn best at their own pace and in a comfortable environment. So we offer our diabetes education in group classes and also in individual settings based upon insurance coverage and personal preference.

Your comfort and your health are important to you, and **You** are important to us.

DIABETES SELF-MANAGEMENT EDUCATION AND SUPPORT (DSMES):

DSMES teaches you basics about diabetes and shows you how you can take control to live the life you deserve. We can help you:

- Cope and treat diabetes
- Eat healthy
- Get and stay active
- Monitor and use data to make decisions
- Prevent, detect and treat complications
- Manage sick days
- Find community and technology resources
- Set personal diabetes plan and goals

Medical Nutrition Therapy for Diabetes: We can work together to make a healthy eating plan that fits your preferences and goals.

OTHER SERVICES

- Personal continuous glucose sensor prescribed by provider, along with training
- Professional glucose sensor, inserted with training for 3-7 day wear
- Insulin pump training
- Quarterly online training programs
- Community programs and community education programs
- Information about November Diabetes Education Day conference

HOW TO SCHEDULE:

A referral from your primary care provider or a diabetes specialist is required. Once we receive a referral, we will contact you to schedule an appointment*.

We are here to answer questions and support you when and how you choose. Together, we'll find the ideal way for you to go from getting well to living well.

* Insurance coverage varies. Contact your insurance provider to know what your plan covers. We will work with you to obtain information on your benefits and prior authorizations.