



banana oatmeal cookies

FROM THE SUGAR FREE DIVA

Ingredients

- 2 cups oats
- 3 ripe bananas, mashed
- 3/4 cup peanut butter
- 1 Tbsp honey
- 1/4 cup raisins or 60% dark chocolate chips

Nutrition

- 78 calories
- 4 g fat
- 2 g protein
- 9 g carbohydrate
- 1 g fiber

Directions

- Preheat oven to 350°F.
- In a mixing bowl, combine oats & mashed bananas.
- Add peanut butter, honey, & raisins or chocolate chips. Mix until well blended.
- Spray a cookie sheet with cooking spray. Use a cookie dough scoop or a tablespoon to drop the dough onto the cookie sheet.
- Bake for 12-15 minutes or until they begin to brown. Makes 24 - 30 cookies.