Dear School Leaders & Teachers,

Happy 2021! As we enter a new year, Hult Center for Healthy Living (HCHL) wants to inform you of our updated programming structure and details for the remainder of the 2020-2021 school year.

Hult Center for Healthy Living is a department of UnityPoint - Central Illinois and in response to the COVID-19 pandemic, Hult Center's team has been enlisted to assist with COVID-19 surge response efforts. Our health education team has temporarily shifted focus to assist with COVID-19 response until hospital demands have significantly decreased. As you know, this timeline is unknown, and could take us well into the end of the school year. We want you to know that providing comprehensive health education to students, teachers, and families remains our top priority, therefore, we are preparing our most popular middle and high school programs to be launched virtually. Please note that if your school currently has any programs scheduled for the remainder of the 2020-2021 school year, these will no longer be happening on the previously scheduled date and time. If you would like your students to participate in programming this school year, you will need to reschedule with an option below. Please review the below updates to program offerings, scheduling processes, and program fees. For all programming options listed below, there is a \$5.00 per student fee with a minimum of 20 paid participants. Please reference the 2020-2021 program fees that is attached.

• E-Learning Programs (Beginning February 1, 2021): Select programs will be offered through Hult Center's new E-Learning Platform. The programs will include a recorded version of the same program students would typically receive in person. To schedule, please contact Kari at kpauli@hulthealthy.org or call (309) 692-6650.

o 5th Grade: Male & Female Puberty I & II

5th Grade: Suicide Prevention
6th Grade: Human Reproduction
7th Grade: Human Reproduction
8th Grade: Suicide Prevention
9th Grade: Suicide Prevention

o 8th - 12th Grade: Decisions: Substance Abuse

 \circ 8th - 12th Grade: Vaping 101 \circ 8th - 12th Grade: Marijuana 101

• Live Virtual Programs (Beginning March 1, 2021): Select programs will be offered virtually via Microsoft Teams or Zoom. The programs will include a live, virtual version of the same program students would typically receive in person. Please note that dates and times are first come, first serve and must be scheduled at least two weeks in advance. Only one virtual program will be provided per grade level, so you will need to ensure that all

students in each grade level can attend the scheduled program. A pre-recorded version of the program will be provided for students who are unable to attend. *To schedule, please visit www.events.unitypoint.org* and select 'Community Education' under category.

o 5th Grade: Male & Female Puberty I & II

5th Grade: Suicide Prevention
6th Grade: Human Reproduction
8th Grade: Suicide Prevention
8th Grade: Condoms for Prevention

o 9th Grade: Suicide Prevention

o 9th Grade: Condoms for Prevention

• Community-Wide Health Education Programs (Beginning April 6, 2021): Select programs will be offered virtually via Microsoft Teams or Zoom for all students. Please note that these are community-wide events, therefore students will likely be joining programs with students from outside of their school/district. The programs will include a live, virtual version of the same program students would typically receive in person. Please note that dates and times are first come, first serve and must be scheduled at least two weeks in advance. To schedule, please visit www.events.unitypoint.org and select 'Community Education' under category.

o April 6, 2021: 5th Grade Male & Female Puberty I & II

o April 9, 2021: 5th Grade Male & Female Puberty I & II

o April 12, 2021: 6th Grade Human Reproduction

o April 14, 2021: 6th Grade Human Reproduction

o April 19, 2021: 5th Grade Suicide Prevention

o April 20, 2021: 8th Grade Suicide Prevention

o April 22, 2021: 9th Grade Suicide Prevention

Hult Center for Healthy Living greatly appreciates your understanding as we navigate these challenging times. Please do not hesitate to reach out if you have any questions, comments, or concerns. We continue to look forward to "empowering your students to live healthier lives"!

Sincerely,

Hult Center for Healthy Living's Education Team