

January 8, 2021

Dear School Leaders & Teachers,

Happy 2021! As we enter a new year, Hult Center for Healthy Living (HCHL) wants to inform you of our updated programming structure and details for the remainder of the 2020-2021 school year.

Hult Center for Healthy Living is a department of UnityPoint - Central Illinois and in response to the COVID-19 pandemic, Hult Center's team has been enlisted to assist with COVID-19 surge response efforts. Our health education team has temporarily shifted focus to assist with COVID-19 response until hospital demands have significantly decreased. As you know, this timeline is unknown, and could take us well into the end of the school year. We want you to know that providing comprehensive health education to students, teachers, and families remains our top priority, therefore, we are preparing our most popular middle and high school programs to be launched virtually. **Please note that if your school currently has any programs scheduled for the remainder of the 2020-2021 school year, these will no longer be happening on the previously scheduled date and time. If you would like your students to participate in programming this school year, you will need to reschedule with an option below.** Please review the below updates to program offerings and scheduling processes.

- **E-Learning Programs (Beginning February 1, 2021):** Select programs will be offered through Hult Center's new E-Learning Platform. The programs will include a recorded version of the same program students would typically receive in person. *To schedule, please contact Kari at [kpauli@hulthealthy.org](mailto:kpauli@hulthealthy.org) or call (309) 692-6650.*
  - 5<sup>th</sup> Grade: Male & Female Puberty I & II
  - 5<sup>th</sup> Grade: Suicide Prevention
  - 6<sup>th</sup> Grade: Human Reproduction
  - 7<sup>th</sup> Grade: Human Reproduction
  - 8<sup>th</sup> Grade: Suicide Prevention
  - 8<sup>th</sup> Grade: Decisions: It's Up to You
  - 9<sup>th</sup> Grade: Vaping 101
  - 9<sup>th</sup> Grade: Marijuana 101
  - 9<sup>th</sup> Grade: Suicide Prevention
  
- **Live Virtual Programs (Beginning March 1, 2021):** Select programs will be offered virtually via Microsoft Teams or Zoom. The programs will include a live, virtual version of the same program students would typically receive in person. Please note that dates and times are first come, first serve and must be scheduled at least two weeks in advance. Only one virtual program will be provided per grade level, so you will need to ensure that all students in each grade level can attend the scheduled program. A pre-recorded version

of the program will be provided for students who are unable to attend. *To schedule, please visit [www.events.unitypoint.org](http://www.events.unitypoint.org) and select 'Community Education' under category.*

- 5<sup>th</sup> Grade: Male & Female Puberty I & II
  - 5<sup>th</sup> Grade: Suicide Prevention
  - 6<sup>th</sup> Grade: Human Reproduction
  - 7<sup>th</sup> Grade: Human Reproduction
  - 8<sup>th</sup> Grade: Suicide Prevention
  - 8<sup>th</sup> Grade: Condoms for Prevention
  - 9<sup>th</sup> Grade: Suicide Prevention
  - 9<sup>th</sup> Grade: Condoms for Prevention
- **Community-Wide Health Education Programs (Beginning March 9, 2021):** Select programs will be offered virtually via Microsoft Teams or Zoom for all students. Please note that these are community-wide events, therefore students will likely be joining programs with students from outside of their school/district. The programs will include a live, virtual version of the same program students would typically receive in person. Please note that dates and times are first come, first serve and must be scheduled at least two weeks in advance. *To schedule, please visit [www.events.unitypoint.org](http://www.events.unitypoint.org) and select 'Community Education' under category.*
    - March 9, 2021: 5<sup>th</sup> Grade Male & Female Puberty I & II
    - March 11, 2021: 5<sup>th</sup> Grade Male & Female Puberty I & II
    - March 12, 2021: 5<sup>th</sup> Grade Male & Female Puberty I & II
    - March 16, 2021: 6<sup>th</sup> Grade Human Reproduction
    - March 18, 2021: 6<sup>th</sup> Grade Human Reproduction
    - March 19, 2021: 6<sup>th</sup> Grade Human Reproduction
    - March 15, 2021: 7<sup>th</sup> Grade Human Reproduction
    - March 17, 2021: 7<sup>th</sup> Grade Human Reproduction
    - March 18, 2021: 7<sup>th</sup> Grade Human Reproduction
    - March 22, 2021: 5<sup>th</sup> Grade Suicide Prevention
    - March 23, 2021: 8<sup>th</sup> Grade Suicide Prevention
    - March 23, 2021: 9<sup>th</sup> Grade Suicide Prevention

Hult Center for Healthy Living greatly appreciates your understanding as we navigate these challenging times. Please do not hesitate to reach out if you have any questions, comments, or concerns. We continue to look forward to “empowering your students to live healthier lives”!

Sincerely,

Hult Center for Healthy Living's Education Team