

Illinois *Tobacco-Free* Communities

Let us show you:

- Create and strengthen tobacco-free policies
- Sample leases and policies
- Surveys and educational materials
- Actions to inform your patrons
- Tobacco cessation resources
- Kick-off campaigns
- Easy enforcement ideas
- Marketing and signage

Tobacco-free Matters:

- There is no safe level of exposure to secondhand smoke
- Secondhand smoke contains over 4,000 carcinogens
- People exposed to secondhand smoke have a higher risk of lung cancer, heart attacks, stroke; babies and kids have a higher risk of asthma attacks, and sudden infant death syndrome (SIDS)

Let Us Help!

Hult Center for Living Healthy
309.692.6650

Peoria City/County
Health Department
309.679.6603

Tazewell County
Health Department
309.929.0304

Woodford County
Health Department
309.467.3064



**Partnership for a
Healthy Community**
healthyhoi.org

Illinois *Tobacco-Free* Communities

Live, Work and Play Tobacco-Free

Peoria • Tazewell • Woodford
Counties



This project was made possible
by funds received from the Illinois
Department of Public Health

Live

Secondhand smoke can seep through light fixtures, cracks in walls, around plumbing, under doors, entering adjoining units and common areas.



Multi-Unit Housing

- Lower rehab costs and reduce tenant turnover time
- Slower depreciation of HVAC systems
- Save on casualty insurance
- Provide healthier environment for tenants
- Assist with resident surveys

Work

Tobacco-free campus policies reach beyond the building to the outside property. It is legal, profitable, and non-discriminatory for a business or agency to adopt and promote a tobacco-free policy. Benefits include cleaner areas, less maintenance, healthier environment, and lower insurance risks.

Enhance Smoke-Free Policy

Strengthen your current policy to include all tobacco products like e-cigarettes and vaping. Include outdoor patios and dining areas in your tobacco-free space.

Business Campus and Outdoor Property

- Outdoor common areas
- Church grounds
- Government properties
- Shopping areas
- Restaurant patios
- Parking lots
- College campus



Play

- Go 100% tobacco-free at parks, recreation fields, playgrounds, pools, athletic fields, community and sporting events, farmer's markets.
- Protect waterways, wildlife, and green space from pollution and reduce litter.
- Assure access for those with illnesses affected by secondhand smoke.



Parks and Events

