

SAMPLE QUESTIONS

For Question Basket

1. Before the death, my biggest responsibility was _____. Today it's _____.
2. Before the death, my most loved possession was _____. Today my most loved possession is _____.
3. Before the death, my biggest fear was _____. Today my biggest fear is _____.
4. What about you has changed lately without your permission?
5. If you could change how you were told of the death, what would you do differently?
6. How do other members of your family express their grief?
7. How do you feel when someone says, "I know just what you're going through?"
8. How has your success in school been influenced by this death?
9. If you could change parts of the funeral, what would you do differently?
10. Describe one of the most special sympathy cards or letters you received?
11. When you feel like expressing your grief, who do you choose to be with and why?
12. What advice have you received that was helpful for you in coping with your grief?
13. Anger is a common response to loss and grief. Give a recent example of such anger in your life.
14. In what ways have your hopes and plans for the future changed as a result of the death?
15. Describe what it is like for you to visit the cemetery.
16. Complete this statement: "When I feel like crying, I . . ."
17. What advice would you give a funeral director or minister in terms of helping grieving people, especially young people?