

“Way – No Way” Game

1. People die in many different ways. (Discuss some of the ways people die)
2. Everything that is alive dies someday.
3. My thoughts or feelings can make someone die.
4. Most people live a long time before they die.
5. I have seen a real dead body.
6. A funeral service or memorial service is a good way to say goodbye to our loved ones who died.
7. Some people choose to be buried when they die while others chose to be cremated. (May need to explain cremation first)
8. People die because they were “bad”.
9. Sleeping is the same as being dead. (Discuss whether people breathe, heart beats or get hungry after they die)
10. Do people feel pain/hurt after they die? (Discuss that people can’t feel pain)
11. It’s my fault that my loved one died.
12. Other people sometimes say dumb things to me about my loved one who died.
13. I sometimes worry about other people in my family dying.
14. I sometimes worry that I might die too.
15. All feelings are OK. (Discuss some feelings that children and adults may have if a loved one has died)
16. It is ok to cry.
17. Can crying help sad feelings get better? (Discuss other ways that may help children get their feelings out)
18. Sometimes I feel mad that my loved one died.
19. Sometimes I feel alone since my loved one died.
20. Even though my loved one died, I can still have fun and happy times.

*** Statements in parenthesis are to assist clinician to expand the conversation and generate further discussion with participants